



Hamilton Special Developmental School

Diabetes Medical Advice Form for a student who requires diabetes support whilst at school

This form is to be completed by the student's medical/health practitioner providing a description of the health condition and first aid requirements for a student with a health condition. This form will assist the school in developing a Student Health Support Plan which outlines how the school will support the student's health care needs.

Student's Name: _____ Date of Birth: _____

MediAlert Number(if relevant): _____ Review date for this form: _____

Description of the condition	Recommended support Please describe recommended care If additional advice is required, please attach it to this medical advice form
Diabetes Management Please provide relevant details in relation to the student's Diabetes management.	
Student self management Is this student usually able to self manage their own diabetes care? <input type="checkbox"/> Yes <input type="checkbox"/> No If no, please provide details in relation to how the school should support the student in developing self-management.	
Relevant issues Please outline any relevant issues in relation to attendance at school and learning as well as support required at school.	
First Aid – Signs of Hypoglycaemia (low blood glucose) Below is a list of observable signs that school staff will look for in relation to a hypoglycaemia. Please provide comment, if required. Mild signs: sweating, paleness, trembling, hunger, weakness, changes in mood and behaviour (e.g. crying, argumentative outbursts, aggressiveness), inability to think clearly, lack of coordination Moderate signs: inability to help oneself, glazed expression, being disorientated, unaware or seemingly intoxicated, inability to drink and swallow without much encouragement, headache, abdominal pain or nausea. Severe signs: inability to stand, inability to respond to instructions, extreme disorientation, inability to drink and swallow (leading to danger of inhaling food into lungs), unconsciousness or seizures (jerking or twitching of face, body or limbs)	



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First Aid – Hypoglycaemia

The following is the first aid response that School staff will follow:

Observable sign/reaction	First aid response
Mild / Moderate Hypoglycaemia signs ▽	Give glucose immediately to raise blood glucose (e.g. half a can of 'normal' soft drink or fruit drink (with sugar), or 5 – 6 jelly beans.) Wait and monitor for 5 minutes. ▽
Mild / Moderate Hypoglycaemia signs ▽	If there is no improvement, repeat giving glucose (e.g. half a can of 'normal' soft drink or fruit drink (with sugar), or 5 – 6 jelly beans.) If the student's condition improves, follow up with a snack of one piece of fruit, a slice of bread or dried biscuits only when recovered. ▽
Severe Hypoglycaemia signs ▽	If there is still no improvement to the student's condition, call an ambulance. State clearly that the person has diabetes, and whether he or she is conscious. Inform emergency contacts. ▽
Severe Hypoglycaemia signs	If unconscious, maintain A irway, B reathing and C irculation while waiting for the ambulance. Never put food/drink in mouth of person who is unconscious or convulsing. The only treatment is an injection of glucoses into the vein (given by doctor/paramedic) or an injection of Glucagon.

First Aid– Hypoglycaemia

If you anticipate the student will require anything other the first aid response noted above, please provide details, so special arrangement can be negotiated.

Observable sign/reaction	First aid response
 ▽	 ▽
 ▽	 ▽
 ▽	 ▽
 ▽	 ▽



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Description of the condition	Recommended support Please describe recommended care If additional advice is required, please attach it to this medical advice form
<p>First Aid – Signs of Hyperglycaemia (High blood glucose)</p> <p>Below is a list of observable signs that school staff will look for in relation to Hyperglycaemia. Please provide comment, if required.</p> <p>Sings for this condition will emerge over two or three days and can include:</p> <ul style="list-style-type: none">• frequent urination• excessive thirst• weight loss• lethargy• change in behaviour	
<p>First Aid Response– Hyperglycaemia (High blood glucose)</p> <p>The school will provide a standard first aid response and will call an ambulance if any of the following is observed or reported:</p> <ul style="list-style-type: none">• Rapid, laboured breathing• Flushed cheeks• Abdominal pains• Sweet acetone smell to the breath• Vomiting• Severe dehydration. <p>Please provide comment, if required.</p>	

Privacy Statement

The school collects personal information so as the school can plan and support the health care needs of the student. Without the provision of this information the quality of the health support provided may be affected. The information may be disclosed to relevant school staff and appropriate medical personnel, including those engaged in providing health support as well as emergency personnel, where appropriate, or where authorised or required by another law. You are able to request access to the personal information that we hold about you/your child and to request that it be corrected. Please contact the school directly or FOI Unit on 96372670.

<u>Authorisation:</u>	
Name of Medical/health practitioner:	
Professional Role:	
Signature:	
Date:	
Contact details:	
Name of Parent/Carer or adult/independent student**:	
Signature:	
Date:	

If additional advice is required, please attach it to this form

**Please note: Adult student is a student who is eighteen years of age and older. Independent student is a student under the age of eighteen years and living separately and independently from parents/guardians (See Victorian Government Schools Reference Guide 4.6.14.5).